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### **About the author | visiting feelings**

Lauren Rubenstein, JD, PsyD, is a licensed clinical psychologist in private practice in Bethesda, MD, USA. She also teaches yoga and mindfulness to children and

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Visiting Feelings. Do you have a feeling that's visiting today? Lauren Rubenstein, JD, PsyD, is a licensed clinical psychologist in private practice in Bethesda, MD.

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### **Visiting feelings | by lauren rubenstein, jd,**

I am so delighted that the book speaks to adults as well as children. Wishing you blessings on your continued visits with feelings.

### **Visiting feelings by lauren rubenstein |**

Do you have a feeling that's visiting today? Can you open your door and invite it to play? Visiting Feelings encourages children to treat their feelings like guests

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Visiting Feelings By The author of this impressive children's picture book for those between the ages of 4 and 8 is Lauren Rubenstein,

### **Kripalu - lauren rubenstein**

Lauren Rubenstein. Lauren Rubenstein, JD, PsyD, RYT, is a clinical psychologist, author, yoga instructor, and mindfulness coach with more than 20 years of experience

### **Dr. lauren rubenstein, psychologist, bethesda, md**

Dr. Lauren Rubenstein, Psychologist, Bethesda, MD 20814, (301) 637-8902, I am a Clinical Psychologist in private practice. Visiting Feelings,

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Visiting Feelings is very aesthetic and inviting. The illustrations are bright, gender and ethnic inclusive, which definitely will hold children's attention.

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